

## **MEDICAL COMMUNICATION ASSESSMENT PROGRAM (MCAP)**

## AIMGA is pleased to announce the offering of renowned MCAP Online!

The goals of MCAP are:

- 1. To meet the needs of International Medical Graduates by providing effective training and resources to successfully integrate into the Canadian healthcare system
- 2. To prepare IMGs registered to take the NAC OSCE and who are planning to apply to the 2023 CaRMS cycle.

We are accepting applications from IMGs who wish to enhance their understanding of patient-centred care, communication skills, and increase their cultural competence to work effectively in the Canadian healthcare system.

#### Total number of seats available: 40-50

Based on funding criteria, preference will be given to IRCC eligible applicants in Alberta, Saskatchewan, and Manitoba: however, any IMG within Canada is welcome to apply.

Applicants will be assessed based on PRA/CaRMS eligibility. Application Deadline: January 15, 2022



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# **MEDICAL COMMUNICATION ASSESSMENT PROGRAM (MCAP)**

## **ONLINE COMPONENT**

The online component consists of the first six modules.

Modules are as follows:

- 1 An Introduction to Patient-Centred Care
- 2 Giving Advice & Including the Patient in the Management Plan
- 3 Dealing with Teenagers
- 4 Dealing with Difficult Patients
- 5 Breaking Bad News
- 6 Medical Ethics

#### **Other Online Modules**

- **7** Preparing for the OSCE: Techniques, Tips & Strategies
- 8 Preparing for the Mini Multiple Interview (MMI): Techniques, Tips & Strategies
- 9 Collaborative Care, Teamwork, and Conflict Resolution
- 10 Integrating Successfully into Rural Practice
- 11 Bridging Cultural Diversity in the Workplace
- 12 An Orientation to the Alberta Healthcare System

## **IMPORTANT DATES FOR APPLICANTS**

Application Deadline	January 15
Notification of Selected Participants	January 17
Program Orientation	Week of January 17
Program Start Date	Week of January 24
Next program: April to June	

## **MODULE DATES**

	Start date	End Date
Module 1	January 23	February 5
Module 2	February 6	February 19
Module 3	February 20	March 5
Module 4	March 6	March 19
Module 5	March 20	April 2
Module 6	April 3	April 16

## **CLASS DATES**

Week 1	Week of January 24
Week 2	Week of January 31
Week 3	Week of February 7
Week 4	Week of February 14
Week 5	Week of February 21
Week 6	Week of February 28
Week 7	Week of March 7
Week 8	Week of March 14
Week 9	Week of March 21
Week 10	Week of March 28
Week 11	Week of April 4
Week 12	Week of April 11

## **CASE ASSESSMENT DATES**

Case 1	Week of January 31
Case 2	Week of February 21
Case 3	Week of March 28





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## **MODULE 1: AN INTRODUCTION TO PATIENT-CENTRED CARE**

Module 1 introduces participants to the concept of patient-centered care and why it is the model of choice in the North American healthcare system. This module also emphasizes the importance of taking an organized history for both practice and OSCE exam settings. Participants are introduced to the expected interview structure taught in North American medical schools.

#### **Objectives:**

- A working knowledge of the elements of structure in a medical interview and an understanding of how to signpost each element
- An improved understanding of communicating with patients in taking medical histories using the patient-centred care model

### MODULE 2: GIVING ADVICE & INCLUDING THE PATIENT IN THE MANAGEMENT PLAN

Module 2 explores how to organize a mutual plan of action with the patient. It includes an in-depth view of presenting treatment options, explaining treatment options and negotiating a mutual management plan. This module also looks at non-verbal communication and how to build rapport with patients using a patient-centred care model. This module builds on Module 1 and provides a deeper understanding of patient-centred care.

#### **Objectives:**

- An increased understanding of how to establish a mutual plan of action based on available treatment options, how to explain a treatment plan in an organized manner, and how to negotiate the management plan
- An enhanced awareness of the importance of nonverbal communication and relationship building in the patient-centred interview

### **MODULE 3: DEALING WITH TEENAGERS**

This module expands on participants' knowledge of explaining treatment options and negotiating a mutual plan of action with the patient. This module explores ethical considerations, confidentiality and privacy, and patient rights in view of teenage patients. This module highlights how to build rapport, discuss sensitive topics, and improve communication with the teenage patient.

#### **Objectives:**

- Expanded knowledge of the elements of explaining treatment options and negotiating a mutual plan of action
- Familiarity with communicating with teenaged patients
- Considered patient rights, ethics and confidentiality
- Familiarty with an alternative style for explanation and negotiation with teenage patients

#### **MODULE 4: DEALING WITH DIFFICULT PATIENTS**

This module expands on techniques explored in previous modules with regards to negotiating the management plan and achieving a mutual plan of action with a difficult patient. Participants learn how to best deal with difficult patients and diffuse patients' arguments of resistance in a professional manner.

#### **Objectives:**

- Expand knowledge of negotiating a mutual plan of action from Modules One, Two and Three
- Become familiar with the needs and expectations of elderly patients in medical interviews
- Consider the relationship between driving and loss of independence and autonomy for senior patients in Canadian culture
- Learn to use a particular interview style for diffusing patients' resistance





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### **MODULE 5: BREAKING BAD NEWS**

Module 5 explores the very difficult task of breaking bad news in the North American healthcare system. This module emphasizes the importance of developing strategies and techniques to communicate bad news using common models. Through an exploration of situations where breaking bad news is required, this module assists in overcoming the barriers to breaking bad news to ensure that participants possess the skills and techniques to deliver bad news appropriately.

#### **Objectives:**

- Become familiar with specific strategies and techniques for helping you break bad news to patients in a North American context
- Explore situations where breaking bad news might occur
- Recognize the importance of negotiating a mutually acceptable plan with the patient
- Examine barriers to breaking bad news
- Increase your knowledge of communicative strategies to assist you in an emotionally charged interview

### **MODULE 6: MEDICAL ETHICS**

Module 6 explores the ethics of Medicine through the codes and key principles established. The module emphasizes confidentiality, consent to investigation or treatment, and truth telling. The module also looks at obligations and restrictions in the doctor-patient relationship such as conflict of interest, disclosure of personal or moral limitations; professional boundaries; physician's and patient's rights; involvement of friends and family.

#### **Objectives:**

- Increase your knowledge of the key principles Cultural-Communication, Legal, Ethical, and Organisational aspects of the Practice of Medicine.
- Become familiar with the concept of expressed consent; capacity to give consent; informed choice; consent for emergency treatment; and the right to withhold or withdraw consent.
- Recognize the importance of trust in the doctor-patient relationship and the ethical basis for a patient's right to know; the patient's right to confidentiality and consent to disclose; and legal obligations to disclose to public authorities, and substitute decision makers.
- Define professional relationships with regards to the notion of collegiality, conflict of interest, professional boundaries; physician's and patient's rights; care of friends and family.

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