

Massage Therapist

<p>Overview</p>	<p>Massage therapists diagnose muscular and joint movement related problems using range of motion and muscle tests and offer treatment plans accordingly.</p> <p>They administer massage techniques, treating soft tissues and joints of the body through soft tissue manipulation, relaxation techniques, hydrotherapy, trigger point therapy, joint pain and lower grade mobilizations, remedial exercise programs and client self-help programs.</p> <p>They also suggest home care instructions and provide information about techniques for further postural improvement and stretching, strengthening, relaxation and rehabilitative exercises.</p> <p>They may consult with other health care professionals such as physiotherapists, chiropractors, physicians and psychologists when developing treatment plans for clients.</p>								
<p>NOC Code</p>	<p>Massage therapists (3236)</p>								
<p>Alias Job Titles</p>	<p>Massage therapist (MT); Masso kinesitherapist; Massotherapist; Myotherapist; Orthotherapist; Registered massage practitioner; Registered massage therapist (RMT); Thai massage therapist; Complementary Medicine Practitioner; Masseur; Masseuse; Muscle Therapist</p>								
<p>Qualifications Required</p>	<p>Massage therapists usually require completion of an 18- to 24-month or 18- to 36-month program in massage therapy from an accredited school and a period of supervised practical training.</p>								
<p>Salary Range</p>	<table border="1"> <thead> <tr> <th>Average hourly</th> <th>Range hourly</th> <th>Average yearly</th> <th>Range yearly</th> </tr> </thead> <tbody> <tr> <td>\$39.25</td> <td>\$19 - \$66.73</td> <td>\$76,538</td> <td>\$37,050 - \$130,114</td> </tr> </tbody> </table>	Average hourly	Range hourly	Average yearly	Range yearly	\$39.25	\$19 - \$66.73	\$76,538	\$37,050 - \$130,114
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<p>Job Demand</p>	<p>High</p> <p>Employment outlook is good to fair across provinces. More information is available here.</p>								

Growth Opportunity	Advancement in this field most often takes the form of building a larger client base. Therefore, entrepreneurial and business management skills are an asset
Years' Experience Required	1-2 years
Training Options (if available)	<p>Massage Therapy at Mount Royal University</p> <p>Massage Therapy at Lethbridge College</p> <p>Massage Therapy at MacEwan University</p> <p>Find more programs</p>
Personal Qualities	Excellent communication skills; empathetic; ability to work independently, Patience, Flexibility, Organizational skills and attention to detail; Manual dexterity; teamwork; self-confidence; leadership skills; creativity and adaptability
Notes/Other Information	<p>Registration with a regulatory body is required in Newfoundland and Labrador, Ontario and British Columbia.</p> <p>The work can be physically demanding. They may need to move or lift patients.</p>
Steps towards capacity building to become competitive for this job	<ol style="list-style-type: none"> 1. Enrolling directly into a Diploma program 2. Get certification 3. Or, one can start as a massage therapy assistant and can get a degree alongside and advance gradually
References and resources	<ol style="list-style-type: none"> Alberta Learning Information Service Job Bank Canada National Occupation Classification ESDC Neuvoo Indeed