



2022

ANNUAL REPORT

AIMGA'S GOT TALENT



Bringing Diversity to Healthcare

www.aimga.ca

OUR STAFF

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Jennifer Garcia	Chair
David Kay	Secretary
Dorin Bogdan Mihalache	Treasurer
Dr. Salim Hamid	Member
Saugata Chakraborty	Member
Dr. Mitra Arjang	Member
Rekiyat (Gifty) Siyaka	Member
Fadhil Khalil	Member

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Syed Ahmed, Al-Karim Walli, Sukhpreet Singh Pritam

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Deidre Lake	Executive Director
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Pamela Heath	Project Coordinator
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Melat Gebresilassie	Program Administrator
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Rovi Bangcaya-Herida	Advisor & Facilitator
Abigail Anugengen	Program Coordinator
Joyce Lam	Graphic Designer & Communications Coordinator
Nashit Chowdhury	Research & Evaluation Coordinator
Drew Bowman	Community Engagement/Research & Evaluation
Nadia Perveen	Study Group Coordinator

AIMGA EDMONTON

Tisha Raj	Advisor & Facilitator
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PAST STAFF

Monica Spencer, Thaea Deilami, Nasim Izadi, Athena Cochinamogulos, Kelly Allen-Pitchko, Faiza Saeed

CONSULTANTS

Clementine Crooks (Career Transition Program Employment Coach), Ashish Rathi (Programmer), Alannah Turner (HR Consultant), Carolyn Byers (Bookkeeper), Kevin Colton (Past Programmer)

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ABOUT US

WHO WE ARE

AIMGA is a non-profit organization dedicated to the successful integration of International Medical Graduates (IMGs). We currently have 1600+ active members.

CORE VALUES

Our core values include: Being responsive to the needs of our members, working together, having a professional and friendly attitude, and delivering quality programs. Essentially, we keep our members' best interests at the heart of what we do.

VISION & PURPOSE

Improve healthcare through the re-engagement of IMGs into the Canadian healthcare system. Our goal is to equip IMGs with the information, skills, and tools they require to make informed decisions about their future careers and to integrate successfully.

“The right **person** in the right **seat** at the right **time**. We are here to assist at every step in the licensure process from application to integration.

BOARD CHAIR REPORT

Distinguished guests, members, and staff of AIMGA, it is my pleasure to present this report at the 2022 Annual General Meeting of the Alberta International Medical Graduate Association.

It has been an exciting year because of all the activities and wonderful opportunities that have come around, as well as changes in policies in response to our current healthcare environment.

I am happy to report that AIMGA has reached its highest membership ever, with over 3,000 active members in and out of the province. This is a clear indication that AIMGA is indeed effective in its mission as the only organization in Canada catering to the professional and career needs of IMGs.

Our Calgary office continues to provide the welcome space for our members to enjoy the multitude of services and programs we offer. As always, we invite our members and friends to come visit, and meet our new staff. Our Edmonton office remains open and accessible to our members as well.

In addition to our regular programs supporting licensure pathways, our extremely dedicated staff and in particular our Executive Director are relentless in pursuing novel ways for our members to achieve integration into the healthcare workforce. Most recently we have been invited into the First Nations Community in Montana as health educators. Ultimately, we will be providing manpower resource to assist the daily operations of the newly opened primary care clinic. Truly our diverse and highly skilled members are getting the recognition they deserve. On behalf of the Board Directors, I would like to thank our generous funders for their continued support of AIMGA's mission. We greatly appreciate your valuable contributions through the years, and we look forward to a stronger partnership in the years to come. You can be assured that resources are carefully and judiciously allocated for the right person at the right time. I commend our hardworking staff for their dedication, professionalism, and commitment to the important work they do every single day. You are truly there for us every step of the way.

As always, our ever-reliable Executive Director Ms. Deidre Lake continues to deliver above and beyond expectations. There are not enough words to express my sincerest gratitude for all her efforts, sacrifices and sheer determination. With her strong leadership and bold vision AIMGA continues to succeed in getting members into residency, licensing through various routes and securing meaningful employment.

I would like to thank our members for demonstrating resiliency and commitment to our profession. AIMGA will continue to persevere and assist you in your career goals every step of the way. I look forward to a brighter and even busier year ahead. The entire AIMGA Board is ready and excited to push even further to achieve our goals.

In your service,
Dr. Jennifer Garcia



EXECUTIVE DIRECTOR REPORT

Welcome to our Annual General Meeting with the overarching theme, AIMGA's Got Talent!

I would like to acknowledge our funders. Without the support of Immigration, Refugees and Citizenship Canada, we would not have been able to do all that we did in the interest of our membership in 2021-2022. In the past year we were able to diversify our funding and welcomed the Public Health Agency of Canada, the Government of Alberta, and the WES Mariam Assefa Fund. With these additional funds we were able to expand our outreach in community, begin our Mentorship and Patient Navigator Programs, and conduct research to look at viable alternative career pathways. Secondly, I'd like to thank the Board of Directors for their continued support in my role as Executive Director. Thirdly, I'd like to give a genuine shout out of thanks to all our AIMGA staff members for their contributions. You are a wonderful, diverse team and your dedication and commitment make AIMGA a great place. Lastly, I'd like to acknowledge our members. You are truly the people who motivate and inspire us each and every day!

The journey of internationally trained doctors is a challenging one. The window for arrival, completing examinations, obtaining the required language proficiency levels to compete for pathways to licensure is narrowing. It is not easy to navigate the various health and regulatory systems, to know where to start, and to understand the different provincial requirements and pathways. There's one assessment after another to prove your medical knowledge and skills in order to compete for positions. At AIMGA, we believe in bringing diversity to healthcare and your contributions and we genuinely strive to make the process an easier one with the programs and services we offer and to be there for each and every one of you every step of the way.

In the past year, we have continued with our Health and Wellness team activities in community. We continue to build capacity and to engage with various community partners. I believe the immigrant serving sector has adopted the, "yes, we can" attitude in the past year as we really have come together to support the needs

of government assisted refugees. We can look back and be proud as a sector and as an organization. I truly feel grateful for all that you've done to support. The work of our team has led to the introduction of our Patient Navigator Program for IMGs who wish to support the health and navigational needs of newcomers in Canada. We are looking forward to the continued positive impact we can make to the future health outcomes for newcomers to Canada with our efforts in this area and with our partners.

In this time period, we've continued to build our capacity around Alternative Career Pathways for IMGs and have developed over 100 fact sheets on various careers. We are piloting a career decision making tool for IMGs exploring alternative careers in health that will also connect them to potential members. This is an innovative development and we look forward to the networking opportunities this will bring for members. With our WES research initiative, we are engaging with employers, regulatory bodies, and our members to identify viable alternative career pathways. Essentially, we're looking at how we can become better and further address the needs of IMGs individually and at large.

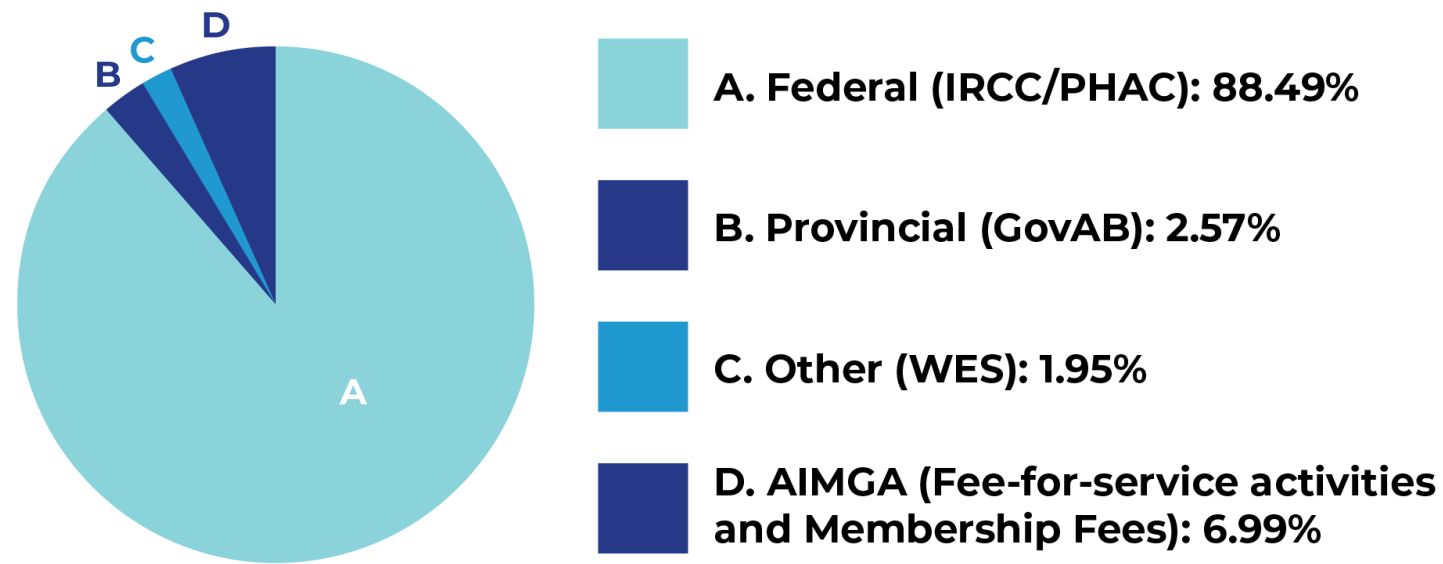
As a professional association, we all have a role in advancing the integration of International Medical Graduates in the system. We are creating awareness of the skills and knowledge IMGs bring with them to Canada. We are asking our membership to update their profiles as we've added new fields and to complete surveys so we can advocate on your behalf. We continue to innovate and to improve upon the delivery of our programs and services based on your feedback.

In the next year, I look forward to working collectively with all of you to showcase that AIMGA's Got Talent and on behalf of all of us at AIMGA, we wish success in your future careers.

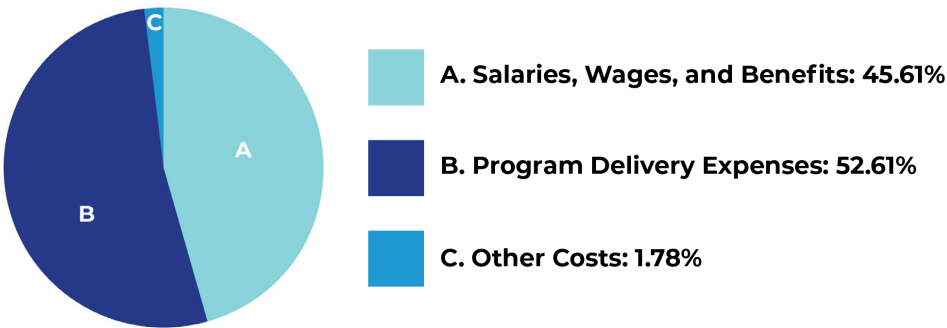
Sincerely, Deidre Lake

FINANCIAL
REPORT

TOTAL REVENUE
\$1,308,117.



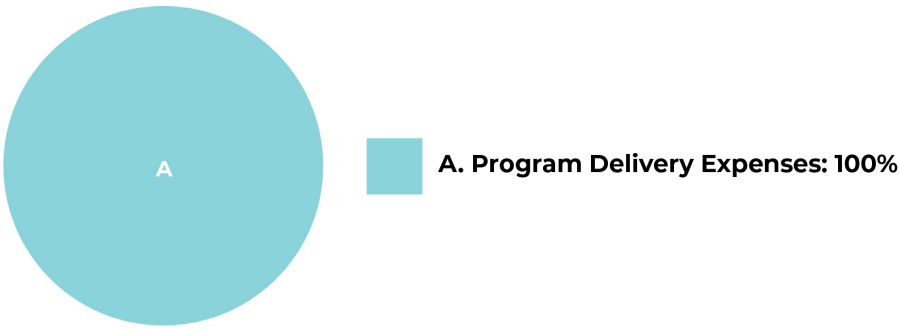
FEDERAL
GOVERNMENT
BREAKDOWN
\$1,143,314.



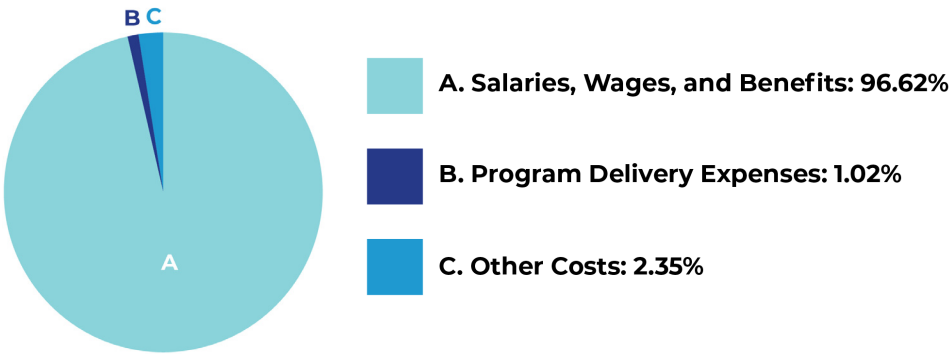
Note: Amortization has been deducted (\$14,235).

Note: Members and stakeholders who wish to view the detailed financials may request an appointment to view them at AIMGA.

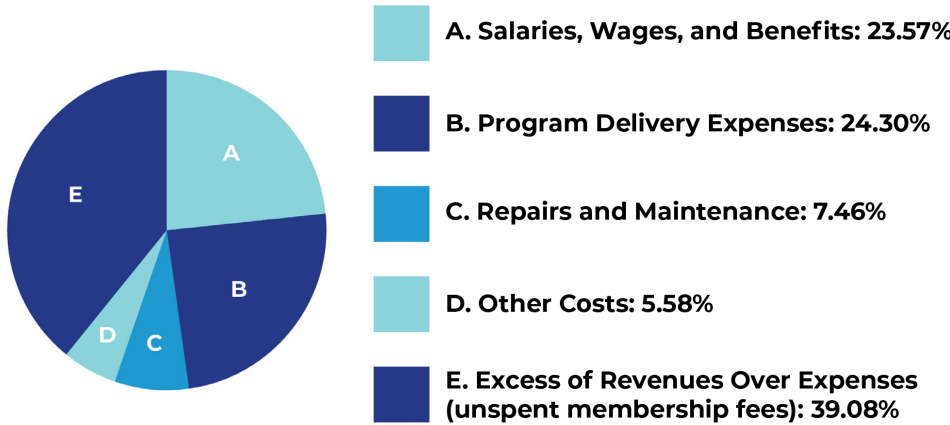
PROVINCIAL
GOVERNMENT
BREAKDOWN
\$33,592.



OTHER - WES
MARIAM
ASSEFA FUND
BREAKDOWN
\$25,530.



AIMGA FUNDS
BREAKDOWN
\$85,352.

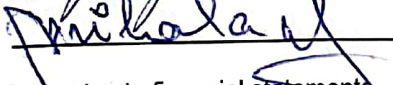


Note: Amortization has been deducted (\$6,094).

ALBERTA INTERNATIONAL MEDICAL GRADUATES ASSOCIATION
Statement of Financial Position
March 31, 2022

	2022	2021
ASSETS		
CURRENT		
Cash	\$ 483,849	\$ 16,993
Accounts receivable	159,166	67,484
Goods and services tax recoverable	6,700	3,136
Prepaid expenses	6,472	6,638
	656,187	94,251
CAPITAL ASSETS (Note 2)		
	74,657	32,175
	\$ 730,844	\$ 126,426
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable	\$ 173,197	\$ 15,751
Deferred revenue	368,264	-
	541,461	15,751
DEFERRED CONTRIBUTIONS RELATED TO CAPITAL ASSETS (Note 3)		
	72,491	27,142
	613,952	42,893
NET ASSETS		
Unrestricted fund	114,726	5,033
Invested in capital assets	2,166	78,500
	116,892	83,533
	\$ 730,844	\$ 126,426

LEASE COMMITMENTS (Note 4)
ECONOMIC DEPENDENCE (Note 5)

ON BEHALF OF THE BOARD
 Director
 Director
See notes to financial statements



OUR MEMBERS
AT-A-GLANCE

Last updated: November 25, 2022

AIMGA HAS OVER 4000+ MEMBERS



TOP 5 SPECIALTIES



TOP 5 COUNTRIES OF ORIGIN



HELPING IMGs ACROSS
CANADA SUCCEED



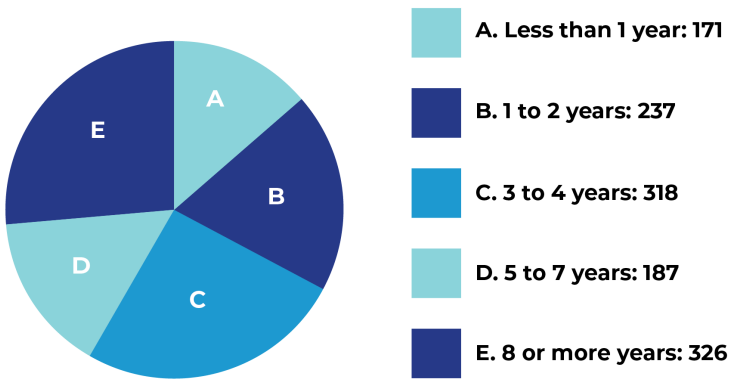
1119
Female



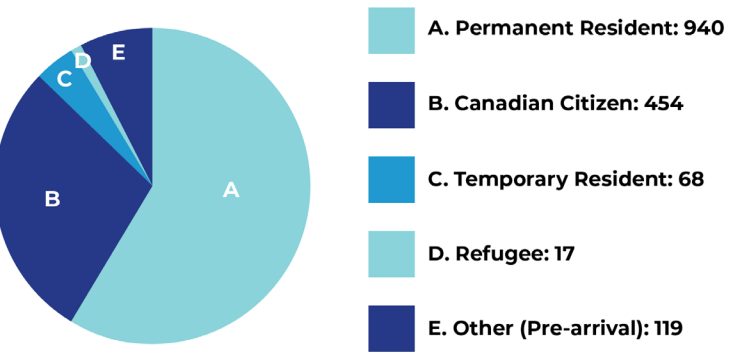
478
Male

14 Unspecified

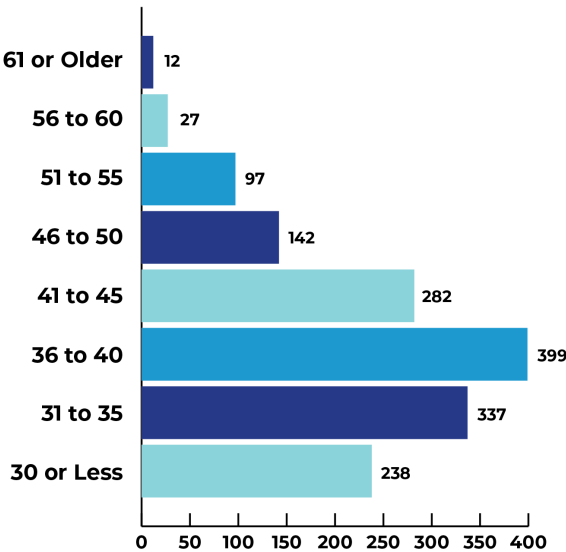
YEARS IN CANADA



CITIZENSHIP STATUS

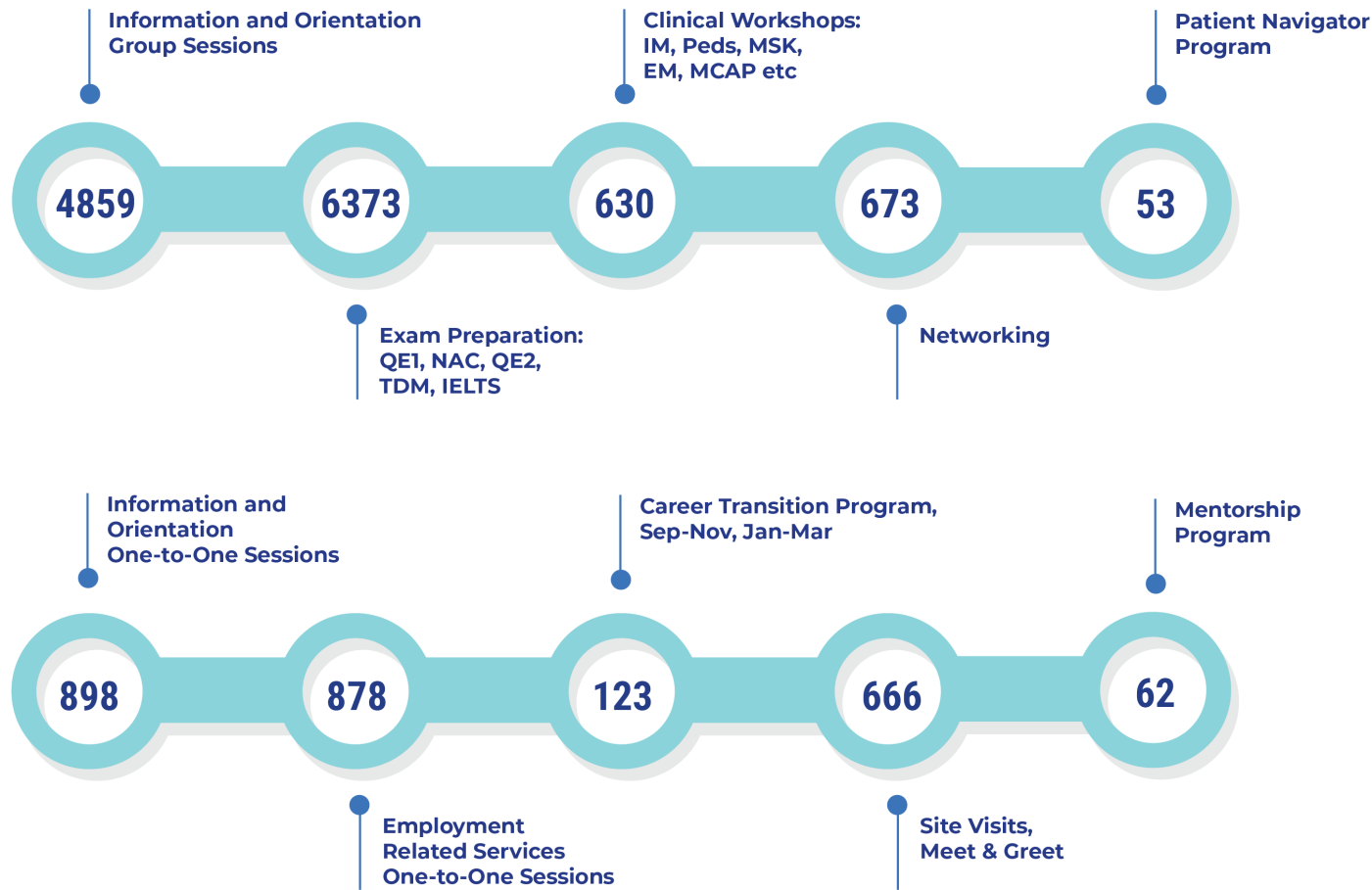


AGE RANGE



AIMGA PROGRAMS & SERVICES

PROGRAM PARTICIPANTS BY ACTIVITY APRIL 2021 TO MARCH 2022



INFORMATION & ORIENTATION

AIMGA provides various information sessions which include an overview of the pathways to licensure, services and programs, and career sessions to ensure our members are making informed decisions regarding next steps and their career pathways.



OBSERVERSHIP/MENTORSHIP

AIMGA offers observerships in clinical settings that offer an excellent opportunity to learn in the specific context of the Canadian healthcare system. AIMGA also offers mentorship opportunities for members to connect with mentors, employers, and others.



EXAM STUDY GROUPS

The moderated study groups for the Medical Council of Canada (MCC) exams present an excellent opportunity for IMGs to connect with peers and to work together to prepare. We offer QE1, NAC OSCE, and TDM study groups.



CAREER TRANSITION PROGRAM

The Career Transition Program assists IMGs who are considering an alternative career pathway in health as a short or long-term goal. CTP includes career workshops, coaching sessions, mentoring circles, and a mock interview with employers and HR consultants.



MCAP ONLINE

MCAP (Medical Communication Assessment Program) is a 12-week program for IMGs seeking licensure via CaRMS, ACSAP, or PRA routes. Facilitated sessions include standardized patients, physician examiners, communication educators, and online supports.



CaRMS PREPARATION PROGRAM

This program assists IMGs to understand the underlying principles and values of the Canadian healthcare system and the essential skills and attributes required to function effectively as a physician within the Canadian context.



IELTS/OET PREPARATION

The IELTS/OET preparation courses at AIMGA are designed for IMGs who are seeking an orientation and to develop test-taking strategies for success and to achieve the language proficiency requirements for licensure.



MMI PREPARATION COURSE

The Multiple-Mini Interview (MMI) Preparation Course is a 2-day preparation course which includes an educational component, sample scenarios, and a mock MMI and feedback session. This course is held after the NAC OSCE in the fall.



OSCE PREPARATION COURSE

The OSCE Preparation Course is a 2-day preparation program which includes a hands-on workshop, a mock OSCE, mock exam and, a group feedback session.



LUNCH & LEARN / NETWORKING SESSIONS

Lunch & Learn and Networking sessions are informal sessions for our members to network with one another and to learn about a topic of interest, research, employment, programs, and other relevant topics.



LECTURES & WORKSHOPS

AIMGA offers a variety of lectures and workshops throughout the year based on the needs of IMGs. These include workshops to support study groups, those applying for CaRMS, those selected for residency, and those interested in professional development.



PATIENT NAVIGATOR PROGRAM

AIMGA is pleased to offer this skills based program for IMGs seeking employment as health navigators to support citizens who require supports. This program is offered in partnership with AIMGA, York University, and CILISAT (interpreter translator certification).



HEALTH AND WELLNESS TEAM

AIMGA believes in bringing diversity to healthcare and offers volunteer opportunities for members to support the overall health and wellbeing of various ethnocultural communities. We believe our members have an essential role in community as do our partners.



RESEARCH AND EVALUATION

One of our values is to deliver quality programs and services and to advocate for IMGs therefore, research and evaluation is an important part of the work we do. As we are funded, it is important our members update their profiles and complete surveys.



ONE-ON-ONE CONSULTS

AIMGA advisors are with you at every step of the process to help you achieve your employment and professional goals. We assist with applications, resumes, interview preparation, and more. Appointments can be made through our website.



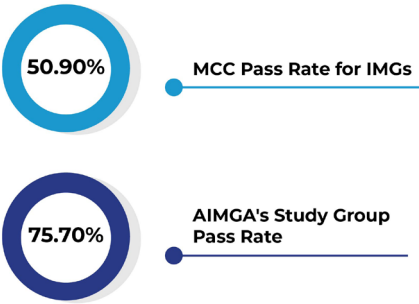
NEEDS ASSESSMENTS

AIMGA advisors conduct needs assessments for members. These assessments look at members' background education, training, and career goals. Recommended next steps and services are provided. These are essential to developing a career plan.

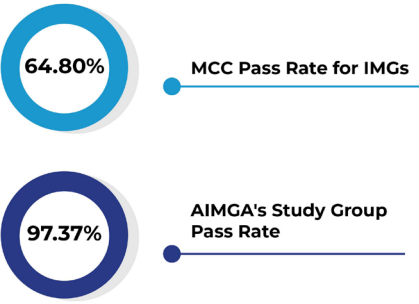
AIMGA'S SUCSESSES

AIMGA'S SUCCESS IN MCC EXAMS:

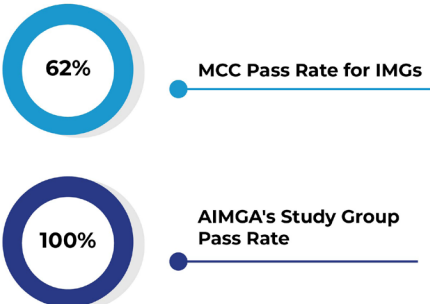
Success in QE1:



Success in NAC-OSCE:



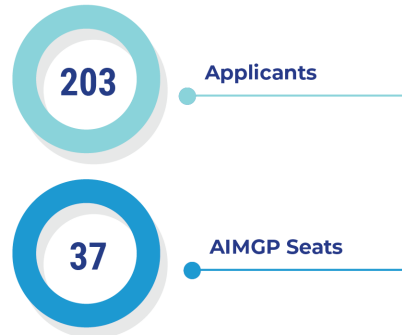
Success in TDM:



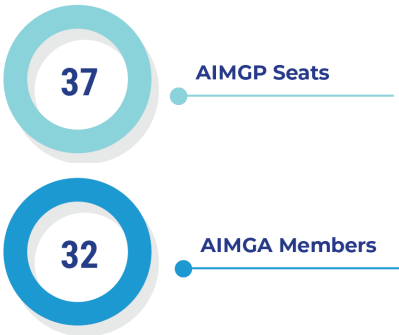
MCC Pass rates taken from their website. AIMGA pass rates are derived from those who completed the annual survey and/or milestones report. Rates shown above are from the previous year.

SUCCESS IN AIMGP (Alberta Match Rate):

2022 AIMGP Overall Match Rate: 18%

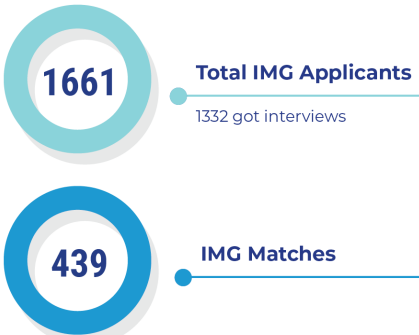


2022 Match Rate of AIMGA members in AIMGP: 86.5%

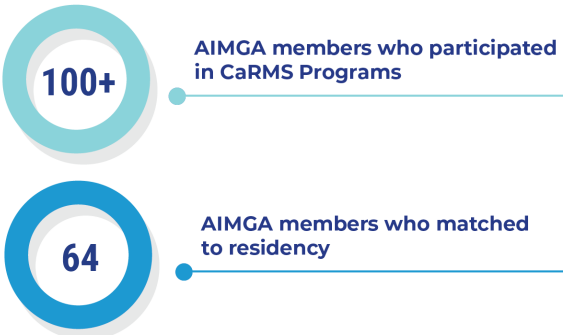


SUCCESS IN CaRMS (National Match Rate):

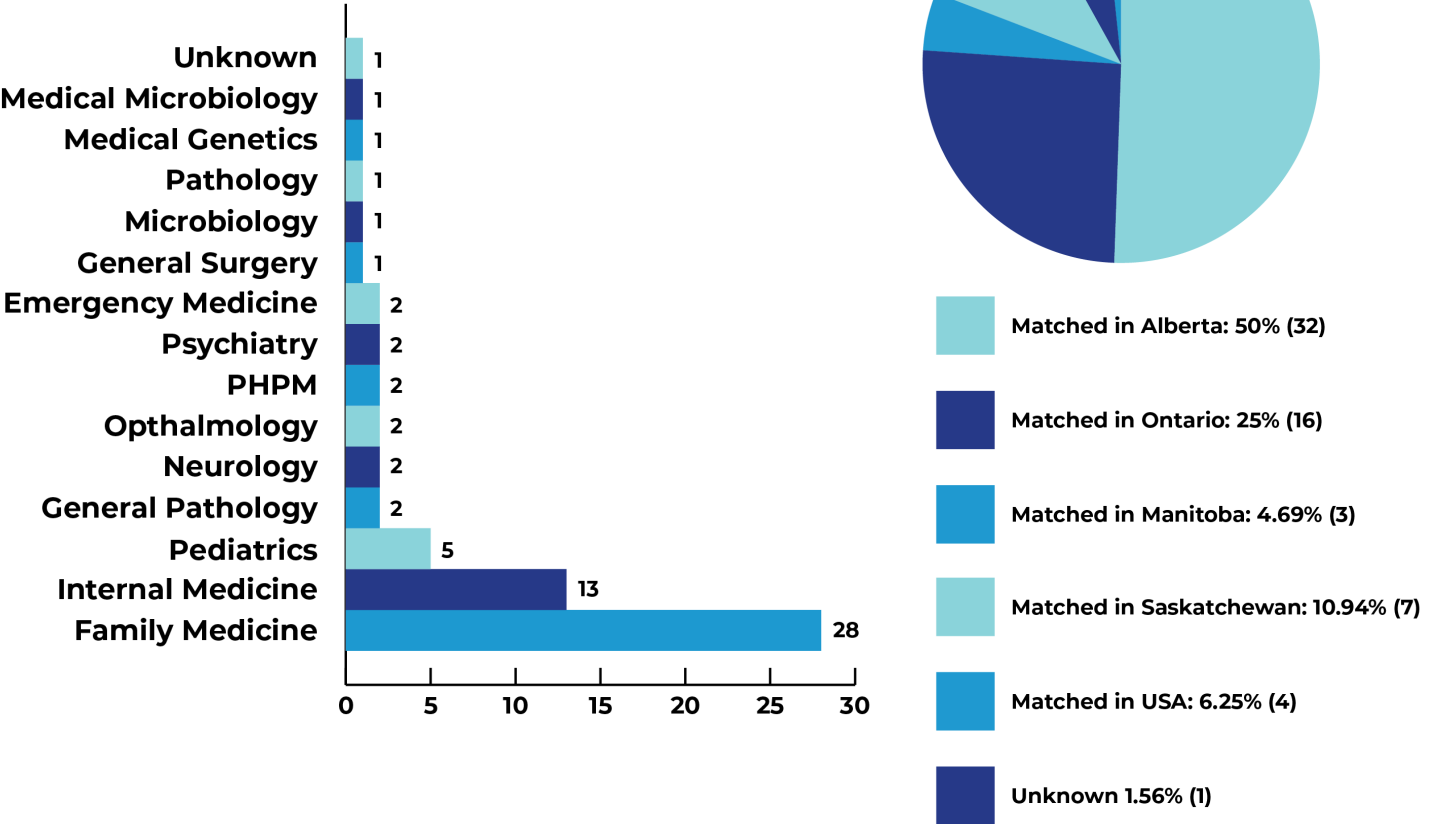
2022 CaRMS Match Rate: 26%



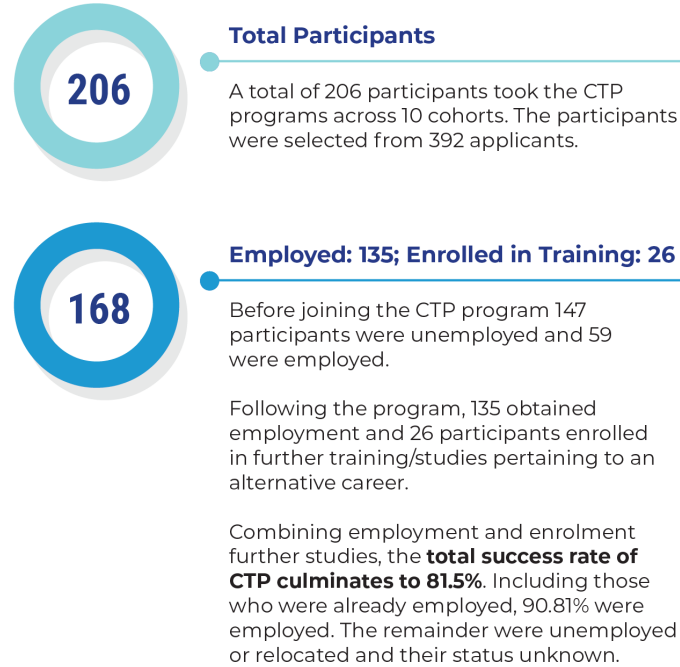
2022 AIMGA Residency Match Rate: ~64%



RESIDENCY MATCHES (N=64):



CAREER TRANSITION PROGRAM: COHORTS 1-10



FEATURE

ARTICLE

Authors: Rhoda Komolafe¹, Chinyeradaeze Chukwe¹, Nashit Chowdhury^{1,2}
1 - Alberta International Medical Graduates Association; 2 - University of Calgary

BACKGROUND

Canada welcomes over 300,000 new immigrants each year with the majority of them entering through the Federal Skilled Workers Program.¹ International Medical Graduates (IMGs) are physicians who received their medical degree from a medical school outside Canada and are a crucial group of skilled migrants particularly given shortages Canada is facing. However, once in Canada, IMGs face significant challenges in becoming practising physicians and securing employment in the health sector including constraints in time, exam fees, resources, opportunities, and the psychosocial support to meet the demands for licensure. There is a scarcity of studies exploring the difficulties faced during the journey to licensure including employment,² economic, and mental health concerns.³ However, previous studies reported immigrants in general are highly vulnerable to poor mental health outcomes because of their encounter with multiple psychological stressors upon arrival, including adjusting to a new home and community, adapting to different cultural norms, learning a new language, and finding work.^{3,4}

OBJECTIVE

The purpose of this survey was to look at how IMGs rate their levels of stress, anxiety, and depression while on their journey to licensure using standardized self-administered screening tools.

METHODOLOGY

A link to the self-administered survey was sent to all members of AIMGA. The survey collected information on sociodemographic data, immigration status, stress perception levels using the Perceived Stress Scale-4 (PSS-4),⁵ presence and severity of depression using the Patient Health Questionnaire-9 (PHQ-9),⁶ presence and severity of anxiety using the Generalised Anxiety Disorder-7 (GAD-7)⁷ as well as possible coping mechanisms. A descriptive analysis of the survey responses was then carried out. The cut-off point to measure stress, depression, and anxiety were 6, 10, and 10 respectively. The scales with these cut-off points were reported in multiple studies to have a high sensitivity (70-90%) and specificity (60-90%).^{5,8,9}

RESULT

A total of 54 AIMGA members participated in this survey. Participants ranged in age from 26 to 65 years, with 79.25% (n=42) women and 20.75% (n=11) men. More than half

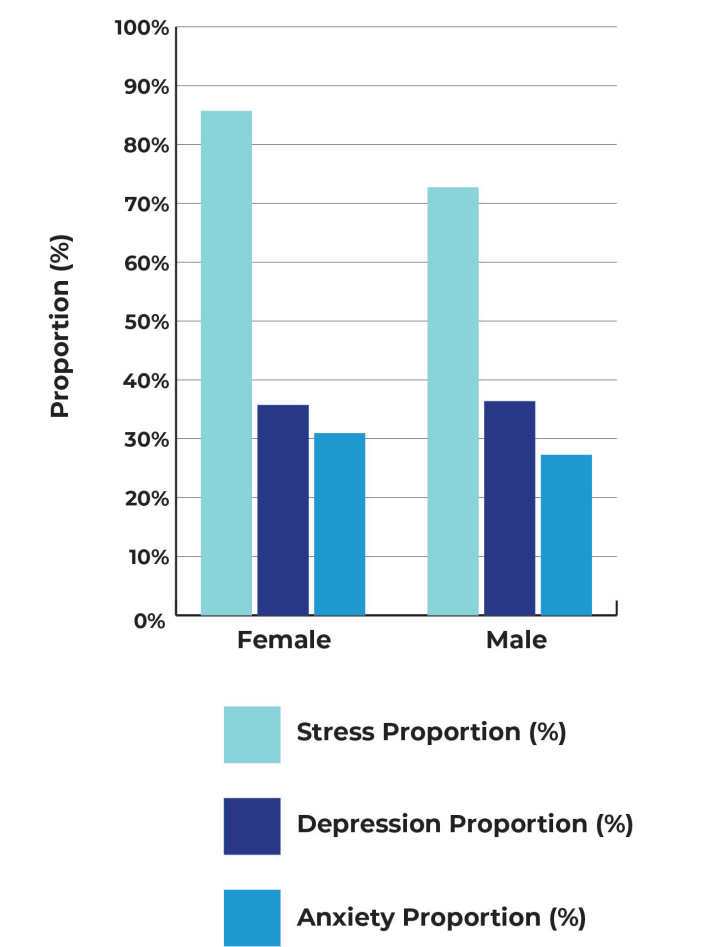
The Well-being of International Medical Graduates and the Impacts of the Journey to Licensure

(53.7%, n=29) were employed (n=12 full-time and n=17 part-time), 42.59% (n=23) were unemployed, and only 3.7% (n=2) were enrolled in full-time education. Seventy-two percent of our cohort (n=39) were permanent residents, 24.07% (n=13) were citizens, and the remaining 3.70% (n=2) were on other non-specified types of visas. Most respondents have been in Canada for two to three years (49.09%, n=27), while the remainder have been in Canada for more than four years (41.82%, n=23) or less than two years (9.09%, n=5). Of the respondents, 83.33% (n=45) had high-stress scores on the PSS-4 scale (scored ≥6 out of 16). Over one-third of the IMGs (37.04%, n=20) had moderate to severe levels of depression (scored ≥10 out of 27 in PHQ-9) and 29.63% (n=16) had moderate to severe levels of anxiety (scored ≥10 out of 21in GAD-7). The proportion of IMGs with stress, depression, and anxiety varied based on their age. We found a higher level of stress, depression, and anxiety among 56-65 year old IMGs. However, there were only 1-2 respondents in this age group. Apart from this group, stress, depression, and anxiety levels were high in different age groups. While stress was much higher in the youngest group - 26-35 years (87.5%, n=14), depression appeared to be more prevalent among those in the age groups of 36-45 (38.71%, n=12), and anxiety among 46-55 years old IMGs (40.00%, n=2). *See Table 1.*

Table 1: Relationship between Age, Stress, Depression and Anxiety in IMGs			
Age	Stress n (%)	Depression n (%)	Anxiety n (%)
26-35	14 (87.50)	5 (31.25)	5 (31.25)
36-45	25 (80.65)	12 (38.71)	8 (25.81)
46-55	4 (80.00)	1 (20.00)	2 (40.00)
56-65	2 (100.00)	2 (100.00)	1 (50.00)

We also observed female IMGs were more stressed (85.71%, n=36) and anxious (30.95%) compared to their male counterparts (72.73%, n=8; and 27.27%, n=3; respectively). No notable gender differences were observed in terms of depression (35.71%, n=15 vs 36.36%, n=4). *See Figure 1.*

Figure 1: Relationship between Gender Stress, Depression and Anxiety in IMGs



IMGs who lived alone were found to be more stressed and anxious (80.95%, n=17; and 23.81%,n=5; respectively), while those who lived with non-family roommates reported to be more depressed (50%, n=1). *See Table 2.*

Table 2: Relationship between Household composition, Stress, Depression and Anxiety in IMGs			
Household composition	Stress n (%)	Depression n (%)	Anxiety n (%)
Lives with partner/spouse	17 (80.95)	8 (38.10)	5 (23.81)
Lives alone	3 (100.00)	1 (33.33)	2 (66.67)
Lives with family members (parents, grandparents, children, etc)	23 (85.19)	9 (33.33)	7 (25.93)
Lives with roommate(s)	1 (50.00)	1 (50.00)	1 (50.00)

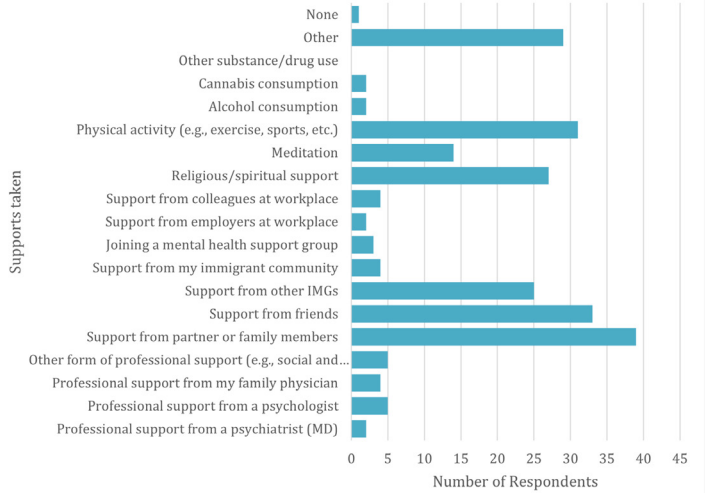
We found a large difference in stress, anxiety, and depression based on the employment status of the respondents. Full-time employed respondents were found to be much less stressed, depressed, and anxious (58.33%, n=7; 16.67%, n=2; 25.00%, n=3; respectively) in contrast to those who were unemployed and seeking work (95.00%, n=19; 45.00%, n=9; 30.00%, n=6). We also observed that with part-time employment the stress, depression, and anxiety levels came down slightly (82.35%, n=14; 35.29%, n=6; 29.41%, n=5; respectively), however, not quite as much as the level of those with full-time employment. *See Table 3.*

Table 3: Relationship between Employment Status, Stress, Depression and Anxiety in IMGs			
Employment Status	Stress n (%)	Depression n (%)	Anxiety n (%)
Employed (part-time)	14 (83.35)	6 (35.29)	5 (29.41)
Employed (full-time)	7 (58.33)	2 (16.67)	3 (25.00)
Unemployed, seeking work	19 (95.00)	9 (45.00)	6 (30.00)
Unemployed, not seeking work	3 (100.00)	1 (33.33)	0 (0.00)
Studying full-time	2 (100.00)	2 (100.00)	2 (100.00)

Respondents were seen to use more than one coping mechanism. Support from partners and family members (16.81%, n=39), support from friends (14.22%, n=33), and engaging in physical activity (13.36%, n=31) such as sports and exercise were the most utilized coping mechanisms.

See Figure 2

Figure 2: Coping Strategies Among IMGs



DISCUSSION

We have observed a very high level of stress, depression, and anxiety among IMG members of AIMGA. Though our sample size was very small and the measurements were conducted using self-reported tools, the point estimates were exceedingly high. A study that interviewed both Canadian and US IMGs found that IMGs were going through emotional ups and downs largely due to their struggle to entering into the labour market. They were in very respected and well-off positions back home and some of them expressed their regrets losing that due to moving here.¹⁰ The emotional tolls of migration, loss of professional identity, and labour market integration challenges may affect their mental health largely. We also observed in our study that employed IMGs had relatively less stress than the unemployed ones.

A similar finding was reported in another study in the US that identified immigration is a social determinant of mental health affecting IMGs substantially. The settlement challenges, long and expensive licensing procedure, and perceived discrimination against IMGs can put stress on their mental health.¹¹ We also found women to have a higher levels of stress, depression, and anxiety. A qualitative study in Ontario argued that male and female IMGs might have different licensure journeys thus affecting them disproportionately. Female IMGs in their study talked about how being a women can be related to added gendered responsibilities and might limit their success in each step of their licensing procedure and professional integration in Canada.⁴

A study that examined IMGs experience in Canadian fellowship programs noted that IMGs generally have a higher cognitive load stressing their mental health as opposed to their non-IMG counterparts attributable to the settlement challenges, language, social and work culture, teaching method, and other competing demands. The authors suggested certain strategies such as social engagement and wellbeing, buddy calls, peer mentoring, which matches with those our members reported to practice.¹² However, we have found the majority of the IMGs took on acceptable and useful strategies to cope such as supports from friends, family, and colleagues, physical activity, and so on. Nevertheless, it is important to have structured and systemic support for IMGs, particularly when they are dealing with very high levels of stress, depression, and anxiety. We recognize the need for provision of mental health support programs customized for IMGs. For instance, the participants of this survey were offered the opportunity to join a mental health support program on 'mindfulness'.

Authors: Rhoda Komolafe¹, Chinyeradaeze Chukwe¹, Nashit Chowdhury^{1,2}
1 - Alberta International Medical Graduates Association
2 - University of Calgary

REFERENCES

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AIMGA ANNUAL GENERAL MEETING

AIMGA'S GOT TALENT!

ONLINE EVENT | DECEMBER 1, 2022

6:30-7:30PM

- Introduction and Welcome
- Land Acknowledgement by Victor Erhurun
- Keynote Speakers (AIMGA members: Se-Inyenede (Sisi) Onobrakpor, Ose Olusile, and Faiza Saeed)
- Board Chair Report
- Executive Director Report
- Financial Report
- Voting Results

- Dance Performance by Shalaka Dixit (AIMGA member)
- Special Acknowledgements
- Year in Review
- Raffle Draw
- Song Performed by Funmi Dominic Olaoye (AIMGA Member)
- Closing and Thank you!

MEMBER TESTIMONIALS

Oluwatobi Fasola

AIMGA was a great resource in my journey to getting a residency position in a competitive surgical specialty. The initial needs meeting, one-on-one consultations, documents review, and mock interview were absolutely helpful. I also learned a lot from the website and other programs e.g. CaRMS orientation. AIMGA is a must-have resource for IMGs seeking pathways to practice or have alternative careers in Canada. Thank you everyone at AIMGA.

Maheen Siddiqui

AIMGA has been such a great support in my CARMS journey. AIMGA not only helped me with my Liscensing exams but also provided numerous opportunities through volunteer activities, observership, and workshops to connect with other IMGs and people already in the Canadian healthcare system. I appreciate the efforts of whole AIMGA team. Thank you.

Manlong Xu

I'm matched to my dream program this year!!! I can never achieved this without the tremendous help and support by AIMGA!!! I definitely highly recommend AIMGA to every IMG I know. No matter whether you are pursuing licensure or an alternative career, no matter which step you are in, AIMGA will be super helpful along the way!!! Thank you so much, AIMGA!!! :)

Chiamaka Mmonu

I joined AIMGA in September 2021 and had the initial consultation for new members. During my CARMS application, I attended the workshop series for CARMS organized. This was so helpful to me, from understanding the CARMS process, to getting an insight of important things to highlight. I also participated in the MMI mock, interview mocks . My personal statement was reviewed the staff too. I am so happy to say that I matched into FM residency!! This was only possible because I had AIMGA services available and accessible to me as I could not afford to pay for professional help. Thanks to the entire staff , support persons and sponsors of this amazing organization.

Keshandi Thompson

Grateful for all the help and support AIMGA has provided. From the support with exams to residency preparation to the CTP program to help prepare for life beyond licensure. AIMGA has made me feel supported all the way. They have embracing Canada as my home much easier. Thank you AIMGA and sponsors for your tireless efforts!

Natalia Liamprekht

AIMGA is an organization that open many doors for my personal and professional development. I appreciate every single opportunity I have received and your continuous support throughout my living in Canada. I am extremely grateful for every staff and member I met. Thank you very much for all your hard work!



Ifedolapo Okunowo, AIMGA Member and General Physician,
joined AIMGA to understand the pathways that are available and to help prepare for job interviews.



Luma Al-Dulaimi, AIMGA Member and Family Physician,
joined AIMGA to develop a career plan.



Rhoda Komolafe, AIMGA Member and Ophthalmologist and General Physician,
joined AIMGA for the friendly staff.



Sue Nya, AIMGA Member and Medical Doctor,
joined AIMGA for the NAC-OSCE Study Group.



Suneet Kaur, AIMGA Member and Pediatrician, and Paramjit Singh, AIMGA Member and Pharmacologist,
joined AIMGA to increase chances to match to residency, to develop a career plan and to meet fellow IMGs.



Fernando Garcia, AIMGA Member and General Physician,
joined AIMGA because it's an awesome organization and to understand the pathways that are available to him.

SPECIAL THANKS TO OUR FUNDERS

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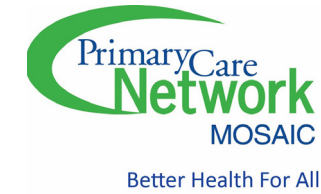
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