PROTECT AGAINST STREPTOCOCCUS PNEUMONIA DISEASE!

The pneumococcal polysaccharide (PNEUMO-P) vaccine

What does this vaccine protect against?

This polysaccharide vaccine protects against pneumococcal disease, which is a bacterial infection that can cause mild infection (ear, sinus, etc.) and more severe infections (blood, brain, etc.)

Who should get this vaccine?

- If you are aged 65 years or older, or if you have other risk factors such as some chronic medical conditions like lung disease, diabetes, etc.
- People aged 65 years or older need 1 dose. You may need 1 or 2 doses of this vaccine at an earlier age if you have certain health problems such as diabetes, HIV, etc.

Who should not get this vaccine?

- If you have an allergy to any component of the vaccine.
- If you had a severe or unusual side effect after this vaccine or one like it.
- If you are pregnant.

What are the side effects of this vaccine?

The side effects tend to be mild and temporary and may include mild or moderate pain, warmth, body aches, redness and swelling at the injection site, tiredness, headache, shivering, and fever. Side effect symptoms can be managed by placing a cool, wet cloth on the injection site or by taking medications like ibuprofen or acetaminophen to deal with fever or pain.

If you have any additional questions or want to schedule your vaccination, you can:

- Call Health Link at 811
- Call AIMGA's Multilingual Health Hub for Newcomers Phone Line at 1-587-392-8062
- Contact your family physician or primary care network
- Visit booking.aimga.ca to book a patient navigator