

PROTECT AGAINST 4 TYPES OF BACTERIAL INFECTIONS!

The meningococcal conjugate A, C, Y, W-135 (MenC-ACYW) vaccine



What does this vaccine protect against?

The MenC-ACYW vaccine protects against 4 types of *Neisseria meningitidis* bacteria that cause meningococcal disease.

Meningococcal disease can cause a very severe infection of the fluid and lining that covers the brain and spinal cord (meningitis) or bloodstream infections.

- 1 out of 5 people with meningococcal disease have a severe infection that causes deafness, seizures, brain damage, or loss of an arm or leg.
- 1 out of 10 people with meningococcal disease will die.

Who should get this vaccine?



- This vaccine is offered as part of the routine school immunization program to Grade 9 students (14-15 years old). Students who missed getting the MenC-ACYW vaccine in Grade 9 can get it for free until the end of Grade 12.
- You should also get this vaccine if you are at risk for meningococcal disease because of a weakened immune system, being in contact with someone with the meningococcal disease, or based on the type of work you do.

Who should not get this vaccine?

If you have an allergy to any component of the vaccine or if you had a severe or unusual side effect after this vaccine or one like it.



What are the side effects of this vaccine?

The side effects tend to be temporary and include redness/swelling/soreness at the injection site, fatigue, headache, fever, body aches, nausea, vomiting, stomach pain, etc. Side effect symptoms can be managed by placing a cool, wet cloth on the injection site or by taking medications like ibuprofen or acetaminophen to deal with fever or pain.

If you have any additional questions or want to schedule your vaccination, you can:

- Call Health Link at 811
- Call AIMGA's Multilingual Health Hub for Newcomers Phone Line at 1-587-392-8062
- Contact your family physician or primary care network
- Visit booking.aimga.ca to book a patient navigator